

L'CHAIM HOUSE ACTIVITY SCHEDULE – AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <u>10:00am</u> Neighborhood Wa or Services <u>3:00pm</u> Karaoke singing
2 Larry the Piano Player <u>10:00am</u> L'CH II <u>11:00am</u> L'CHI <u>2:00pm</u> "Black Olive Jazz" @ C.M. Town Center"	3 <u>10:00am</u> Exercise Video <u>Afternoon</u> Matinee Movie	4 <u>10:15am</u> Bingo @ Terra Linda Comm. Cntr <u>3:00pm</u> "Oldies Sing A Long"	5 <u>9:30am</u> Tai Chi with Richard @ L'CH I <u>2:30pm</u> Barry the Entertainer L'CH I	6 <u>9:30am</u> – Arts & Crafts @ Novato Senior Cntr <u>12:30pm</u> "Reminiscing"	7 <u>9:30am</u> – Exercise Video <u>10:00am</u> Shabbat Service w/ Robin Green @ L'CH II <u>12:00pm</u> Shabbat Lunch @ JCC "Exploring Opera"	8 <u>10:00am</u> Neighborhood Wa or Services <u>2:00pm</u> Jewish Film Festival @ the Raf "Yoo-Hoo, Mrs. Goldberg"
9 <u>10:00am</u> Arts & Crafts <u>2:00pm</u> Keep Yiddish Alive Club @ JCC	10 Lita's B-Day <u>10:00am</u> Exercise Video <u>Afternoon</u> Matinee Movie	11 Mvmt to Music w/ Hillary <u>9:30am</u> L'CH I <u>10:30am</u> L'CH II <u>3:00pm</u> Karaoke singing	12 <u>9:30am</u> Tai Chi with Richard @ L'CH II <u>12:00pm</u> Lunch Outing	13 <u>9:30am</u> – Arts & Crafts @ Novato Senior Cntr <u>12:30pm</u> "You be the Judge"	14 <u>10:00am</u> Exercise Video <u>12:00pm</u> Shabbat Lunch @JCC "There's Always Room for Cello" <u>6:00pm</u> Shabbat Dinner	15 <u>10:00am</u> Neighborhood Wa or Services <u>3:00pm</u> Scrabble
16 Larry the Piano Player <u>10:00am</u> L'CH II <u>11:00am</u> L'CHI <u>2:00pm</u> "Jazz Vocalist" @ C.M. Town Center	17 <u>10:00am</u> Exercise Video Hand & Foot Massage <u>9:30am</u> – L'CH I <u>11:00am</u> – L'CH II <u>Afternoon</u> Matinee Movie	18 <u>10:15am</u> Bingo @ Terra Linda Comm. Cntr <u>3:00pm</u> "Oldies Sing A Long"	19 <u>9:30am</u> Tai Chi with Richard @ L'CH I <u>2:30pm</u> Barry the Entertainer L'CH I	20 <u>9:30am</u> – Arts & Crafts @ Novato Senior Cntr <u>12:30pm</u> "Reminiscing" <u>3:30pm</u> Barry the Entertainer L'CH II	21 <u>10:00am</u> Exercise Video <u>12:00pm</u> Shabbat Lunch @JCC "I Hear Music in the Air"	22 <u>10:00am</u> Neighborhood Wa or Services <u>2:00pm</u> Marin County Antique St @ Marin Center
23 <u>10:00am</u> Arts & Crafts <u>2:00pm</u> "Music from 60's – Present" @ C.M. Town Center	24 <u>10:00am</u> Exercise Video <u>Afternoon</u> Matinee Movie	25 Movement to Music with Hillary <u>9:30am</u> L'CH I <u>10:30am</u> L'CH II <u>12:30pm</u> "You be the Judge"	26 <u>9:30am</u> Tai Chi with Richard @ L'CH II <u>12:00pm</u> Duck Pond Picnic <u>3:00pm</u> Karaoke singing	27 <u>9:30am</u> – Arts & Crafts @ Novato Senior Cntr <u>12:30pm</u> "Trivia and Mind Games"	28 <u>10:00am</u> Exercise Video <u>12:00pm</u> Shabbat Lunch @JCC "Going Down Memory Lane w/ Lucina & Company"	29 <u>10:00am</u> Neighborhood Wa or Services <u>3:00pm</u> Bingo
30 Larry the Piano Player <u>10:00 @ II; 11:00 @ I</u> <u>2:00pm</u> Sunday Dance @ S.R. Comm. Center	31 <u>10:00am</u> Exercise Video <u>Afternoon</u> Matinee Movie					